



# Whitby All-Sorts

**Join us at Whitby Spa Pavilion**  
West Cliff, Whitby YO21 3EN

**We meet every Wednesday**  
**1 – 4pm**

**We offer safe, supportive and structured social  
and well-being activities, facilitated by a coordinator.  
All our activities are free to join.**

**For further details, please ring Scarborough Survivors  
Coastal Mental Health Wellbeing Hub on**

**01723 500222**



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